

Richview Manor Menu Spring/Summer 2

2025

WEEK 1

Richview Manor Menu Spring/Summer 2										
MONDAY		TUESDAY		WEDNESDAY		THURSDAY				
Selection of Hot & cold Cereals		Selection of Hot & cold Cereals		Selection of Hot & cold Cereals		Selection of Hot & cold Cereals				
Toast or English Muffin		Toast or English Muffin		Toast or English Muffin		Toast or English Muffin				
Croissant		Pancakes		Raisin Toast		Specialty Muffin				
Fresh Fruit Cup		Fresh Fruit Cup		Fresh Fruit Cup		Fresh Fruit Cup				
AM	Chef Inspired Soup		Chef Inspired Soup		Chef Inspired Soup		Chef Inspired Soup			
Turkey & Cheese Panini House Salad		Sweet & Spicy curry & pineapple Shrimp Jasmine rice w/green onion & chilli flakes		BBQ Pork chop 2 X Side Salads		Quiche (Balsamic glazed mushroom, caramelized onion, havarti chesse) Ceasar Salad		Smoked Salmon on light marble rye bread(capers, red onion & dill) Iceberg & apple salad		
Seasonal Fruit OR		Seasonal Fruit OR		Seasonal Fruit OR		Seasonal Fruit OR		Seasonal Fruit OR		
Nicoise Salad (white Beans, Boiled Egg, Potato, Green Beans, cucumber, tomato, artichoke,Olives, & Capers)		Chicken salad Plate (Brioche Bread, Sliced Tomatoes)		BBQ -Beef burger 2X Side Salads		Shell pasta (roasted Vegetables, tomato sauce and goat chesse)		Tofu Bowl (Rice Noodles, Edamame beans,shrdedded carrot, avocado, green onion, slice cucumber) w/Tahini Sauce		
Mango pudding with sliced Mango		Brownie with vanilla ice cream		Assorted Dessert		Strawberry jello with whipped cream		Chocolate Ice cream w/Cone		
PM										
DINNER	Rosemary&Thyme Roasted Veal		Creamy Tuscan Chicken Mashed Potato, Baked Asparagus		Marry Me Shrimp(Cream Sauce) Penne pasta		Mexican Burrito bowl (shredded Beef, rice, bean salad, drizzled with Chipolte dressing)		Baked Rainbow trout w/sauted green onion Roasted Potato, Roasted Fennel	
	Roasted potato & Carmelized carrot								Roast Turkey breast gravy, cranberry sauce, stuffing, Garlic mashed potato & Brocoli	
	Seasonal Fruit		Seasonal Fruit		Seasonal Fruit		Seasonal Fruit		Seasonal Fruit	
	Ground Boar meat & Polenta Carmelized Carrot		Turkey Meatballs w/Spaghetti Baked Asparagus		Meat Loaf Mashed potato/gravy Saute Spinach		Gnocchi with saute Peas/oniuous		Loaded Baked Potato (Groundmeat/parmesan cheese) Mixed Salad (walnuts & cranberry)	
	Blueberry Pie		Vanilla been sponge cake with Lemon glaze		Caramel Cake		Walnut carrot cake		Cream Puff w/icing sugar	
Artisan Bread		Artisan Bread		Artisan Bread		Artisan Bread		Artisan Bread		

Bread and/or crackers offered at lunch.

Coffee, tea, water (250ml) and milk offered at each meal and nourishment. If resident chooses not to drink milk, offer 100% fruit juice. (Total milk offered daily = 1 Liter)

Richview Manor Menu Spring/Summer

2025

WEEK 2

Richview Manor Menu Spring/Summer								
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals Bacon or Sausage	Selection of Hot & cold Cereals Bacon or Sausage
		Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin
		Croissant	Pancakes	Raisin Toast	Specialty Muffin	French toast	Danish	Waffle
		Fresh fruit cup	Fresh fruit cup	Fresh fruit cup	Fresh fruit cup	Fresh fruit cup	Fresh fruit cup	Fresh fruit cup
AM		Chef Inspired Soup	Chef Inspired Soup	Chef Inspired Soup	Chef Inspired Soup	Lobster Bisque	Chef Inspired Soup	Chef Inspired Soup
LUNCH		Stuffed Pepper(beans)topped with Mozzarella	Procutitto Sandwich(Mozzerella cheese & Roasted red pepper)	BBQ - Chicken Tenders	Tuna Salad Bowl (Chic pea, red beets, cucumber, tomato, aruqula) Optional slice bread	Roast Beef Sandwich (Challah Bread) Sauerkraut,Chips, &pickles	Cheese Tortellini sauteed Spinach	Cheese Omelette(mushroom & onion) Green salad
		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal fruit	Seasonal Fruit	Seasonal Fruit
		Risotto w/Asparagus	Spaghetti aloli Garlic baguette	BBQ -Shrimp 2 X Side salads	Pepperoni Pizza House Salad	Seafood Salad (crab, shrimp, baby spinach, cherry tomato, red onion)	Egg salad Sandwich (Brioche Bread) Greek Salad	Pasta al Forno
	Assorted Baked Cookies	Yogurt Parfait with Berries	Assorted Desserts	Ice cream sandwich	Cherry Jello-O w/whipped cream	Blueberry pie w/ice cream	Cinnamon cake	
PM								
DINNER		Tuscan Salmon(cream sauce, cherry tomato&spinach) Rice & Broccoli	Veal Parmesan with Linguini Saute Rapini	Italian Sausage Coleslaw Fries	Roasted Garlic & Lime Chicken Thigh Mashed potato, Mixed vegetables	Breaded Haddock Fish wLemon Tartar sauce Fries & Coleslaw	Chicken drumstick w/greek style potato Glazed turnip	Roast beef w/gravy Yorkshire pudding Mashed potato, carrot & Zuchinni
		Seasona Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
		Beef Meatballs w/Mushroom Sauce Rice & Broccoli	Baked Cod Steamed Potato, Saute Rapini	Risotto & Asparagus (Parmesan cheese)	Gnocchi w/ Meat sauce (optional Tomato sauce)	Beef Stew(celery, carrot, green beans, eggplant) Wild rice	Pork Tenderloin greek style potato Glazed turnip	Seafodd Linguini Garlic Bread
	Caramel apple Cheesecake	Raspberry Sorbet	Tiramisu	Rice pudding	Lemon Meringue pie	Strawberry Cake	Ice cream Sundae	
	Artisan Bread	Artisan Bread	Artisan Bread	Artisan Bread	Artisan Bread	Artisan Bread	Artisan Bread	
HS								

Bread and/or crackers offered at lunch.

Richview Manor Menu Spring/Summer 2025

WEEK 3

Richview Manor Menu Spring/Summer 2025							WEEK 3
	MONDAY	TUESDAY	Seasonal Fruit	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals	Selection of Hot & cold Cereals Bacon or Sausage	Selection of Hot & cold Cereals Bacon or Sausage
	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin	Toast or English Muffin
	Croissant	Pancakes	Raisin toast	Specialty Muffin	French Toast	Danish	Waffles
	Fresh Fruit cup	Fresh Fruit cup	Fresh Fruit cup	Fresh Fruit cup	Fresh Fruit cup	Fresh Fruit cup	Fresh Fruit cup
AM	Tomato Soup	Chef Inspired Soup	Chef Inspired Soup	Chef Inspired Soup	Lobster Bisque	Chef Inspired Soup	Chef Inspired Soup
LUNCH	Grilled Chicken Sandwich (Sub Bun with Sundried tomato Pesto)	Spring Salad (sliced tuna steak, blue cheese, cherry tomato, Avocado)	BBQ - Hot Dog	White Bean Stew Escarole w/carmelized onion	Fish & Chips (lemon & Tartar sauce)	Meatball & cheese Sub	Ham & Brie Cheese, carmelized peach on Croissant
	Onion Rings	balsmaic dressing	2 X Side salads	Dinner Roll	Waffle Fries Coleslaw	Potatoe chips	Arugula Salad
	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Vegetable Ratatouille	Meat Pie	BBQ - Pulled pork w/Bun	Smoked Cheddar grilled cheese Sandwich	Muffin Plate (ricoota or cottage cheese, seasonal fruit)	Flat Bread Pizza (boccocini, cherry tomato & basil)	Spring Quiche (Broccoli, Asparagus, Peas, & Feta cheese)
	Vegetable Danish	Carrot & Radish salad	2 X Side salads	Cucumber & Tomato Salad	Cucumber & Tomato Salad	Arugula Salad	Green Salad
	Chocolate Ice Cream	Jell-O w/whipped Cream	Assorted Desserts	Turnover	Cranberry lemon cake	Ice cream cone	Chia pudding
PM							
DINNER	Pork Cutlet	Chicken Parmesan	Black pepper Beef Stir Fry	Pork stew(carrot, celery,potato)	Chcken Fried rice	Grilled burbon glazed Ham w/chunky pineapple	Lamb Stew (carrot, potato, celery)
	Smashed mini potato Apple & Cranberry coleslaw	Spaghetti Sauteed green Beans	Rice Broccoli	Couscous	Egg roll	Baked potato w/sour cream Swiss chard	Rice
	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Chicken stew (Carrot, celery, potato)	Roasted Cod loin w/Sundried tomato pesto	Fettucini Chicken alfredo	Lamb meatballs(mint/pistachio)	Baked Sole	Spaghetti Bolognese (meat)	Baked Chicken Thigh
	Biscuit	Rice, Buttered Corn	Broccoli	Rigatoni noodles	Steam Potatoe & Bok choy	Swiss chard	Mashed potato & warm cabbage salad
	Pound Cake w/whipped cream	Almond Cookie	Coconut pudding	Sponge Cake w/ Ice cream	Cannoli	Cheesecake w/Strawberry Topping	Coconut Macaroon bar
HS							

Bread and/or crackers offered at lunch.

Coffee, tea, water (250ml) and milk offered at each meal and nourishment. If resident chooses not to drink milk, offer 100% fruit juice. (Total milk offered daily = 1 Liter)