

We are caregivers.
And more.



Extraordinary people.
Exceptional care.



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Learn more about FirstLight Home Care.



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FirstLight[®]
HOME CARE

Our Mission

At FirstLight Home Care of Halton, we believe that home is more than just a place—it's where comfort, independence and quality of life begin.

We are proud to support seniors, adults with disabilities, those recovering from surgery and families in need of respite with personalized, compassionate care—right at home.

Every care journey starts with dignity, trust and a helping hand.

We provide holistic, person-centered care that nurtures well-being and offers peace of mind to families.

Our Care Services

Companion Care

We believe that a meaningful connection is just as important as physical support. Our companion care services bring warmth and comfort through friendly visits, genuine conversation and joyful activities. Whether it's assisting with meal preps, tidying up, running errands or accompanying you to appointments, our caregivers are there to make each day easier—and brighter.

Personal Care

Dignity and respect are at the heart of everything we do. From bathing and grooming to mobility assistance and toileting support, our trained caregivers provide gentle, reliable help with life's most personal tasks. We're here to ensure you or your loved one feels safe, supported and comfortable every step of the way.

Specialized Support

When care needs become more complex, you can count on us. We offer personalized support for post-surgery recovery, disability care and family respite. Our compassionate caregivers are also specially trained to support individuals living with dementia or Alzheimer's—ensuring not just safety, but genuine connection and peace of mind.

