



Care that feels like home. Because it is.

The comfort of home can't be beat. Care provided by Home Instead helps you flourish in the everyday life you know and love – while getting a little help to stay mobile and independent.

Each personalized care experience enables a more connected, independent life from the comfort of home.

We're here when you need us.

Our local team is ready to support your in-home care needs.

Talk to a personal home care consultant about what's available in your area.

Proudly serving the Durham Region.



(905) 723-1800

homeinstead.ca/3015

Services can vary by location.

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The care you need in the home you love.



(905) 723-1800



Home care services:

Home Instead offers a wide range of services tailored to meet your unique needs.



COMPANIONSHIP

Friendly and compassionate Care Pros care for the heart as much as the body.



PERSONAL CARE

Bathing, grooming, and dressing assistance keeps essential routines in place.



MEAL PREP & HOME HELP

A tidy home and well-balanced meals are vital for maintaining a healthy mind and body.



TRANSPORTATION

Reliable transportation helps maintain an essential connection to the community.



END-OF-LIFE CARE

We provide support with dignity so your family can make the most of its precious time together.



CHRONIC CONDITION SUPPORT

Care Pros are available to support people living with chronic conditions:

- Alzheimer's and other dementias
- Heart disease and stroke
- Weight related issues
- Parkinson's
- Cancer
- Arthritis
- Diabetes

Person-centred. Home-inspired.

An evidence-informed approach to caring for those with Alzheimer's disease or other dementias, built around a deep understanding.

01

It starts with thoroughly understanding the client's current physical, emotional, and cognitive status.

02

A personalized care plan is tailored to the client's unique needs – respectfully honouring their life before dementia.

03

Trained Care Pros receive specialized instruction in Home Instead's person-centred care approach.

04

Regular engagement in meaningful activities, establishing routines, and assisting with social connections.

