Care
SJTN

Compassionate home care,
when your family needs it most.

> *Care that listens first. We start every relationship with a conversation — understanding your loved one's story, their routines, and what matters most to your family.*
>
> — THE SJTN PROMISE

(613) 870-0843
AVAILABLE 24/7

contact@sjtn.ca
REPLY WITHIN 1 BUSINESS DAY

www.sjtn.ca
ONLINE CARE REQUEST

FREE · NO OBLIGATION

Request a Care Callback

A Care Manager will contact you within 24 hours to review your situation and build a personalized care plan — free.

LINES OPEN	CALLBACK IN	TRIAL
24 / 7	< 24h	FREE

PROUDLY SERVING EASTERN ONTARIO
KINGSTON REGION · OTTAWA REGION

WHY FAMILIES CHOOSE US

CARE YOU CAN TRUST AT HOME

For your parent, your partner, your loved one — care that's skilled, kind, and built around the life they already love.

01 — Licensed & Insured
Every caregiver is credentialed, bonded, and fully insured for your peace of mind.

02 — Available 24/7
Day, night, weekend, or holiday — our team is reachable and ready when you call.

03 — Vetted Professionals
Background-checked nurses, PSWs, and companions with verified training and references.

04 — Compassionate Care
Personalized plans built around dignity, respect, and the routines that matter most.

★ AUTHORIZED VIP PROVIDER

Proud Partner of the Blue Cross Veterans Independence Program

Veterans, CAF, and RCMP members may be eligible for personal support, companionship, and homemaking services **at no out-of-pocket cost**. We handle the paperwork — you focus on care.

PROUDLY SERVING EASTERN ONTARIO
KINGSTON REGION · OTTAWA REGION



Care
SJTN

TRUSTED HOME HEALTHCARE · EASTERN ONTARIO

Compassionate home care for the ones you *love*.

On-demand, personalized in-home nursing, support, and companionship — delivered by skilled professionals who treat your family like their own.

✓ LICENSED · ✓ 24/7 · ✓ VETTED · ✓ TRUSTED

WWW.SJTN.CA · (613) 870-0843

CLINICAL CARE

Nursing

Skilled nurses delivering hands-on care that meets your loved one's physical, emotional, and safety needs at home.

- Wound care & post-surgical recovery
- Medication administration & review
- Chronic condition management
- Palliative & end-of-life support
- Health assessments & monitoring
- Family caregiver education

RN **Our Nursing Team**
RN · RPN · CERTIFIED

DAILY LIVING

Personal Support

Certified PSWs helping your loved one stay safe and independent at home, with compassionate hands-on assistance every day.

- Bathing, grooming & oral hygiene
- Dressing & mobility support
- Toileting & continence care
- Feeding & light meal preparation
- Transfers, positioning & ambulation
- Light housekeeping & laundry

PSW **Personal Support Team**
CERTIFIED · BACKGROUND-CHECKED

CONNECTION & JOY

Companionship

More than help around the house — trained companions bring conversation, presence, and joy into your loved one's day.

- Friendly visits & meaningful conversation
- Recreational activities & outings
- Medication reminders
- Dementia & memory care support
- Errands, shopping & appointments
- Organization & daily routines

SJ **Companion Care**
TRAINED · COMPASSIONATE

READY TO TALK?
(613) 870-0843
Free 24-hour callback · No obligation

BUILD A CARE PLAN
Visit sjtn.ca
Online intake · Care Manager replies in 24h

START TODAY
contact@sjtn.ca
Email us · We reply within 1 business day

RN & RPN AVAILABLE 01

AVAILABLE 24/7 02

REDUCES ISOLATION 03